



### Volunteer Firefighter Recruitment

Dear Applicant;

Thank you for taking the time to consider applying for a volunteer firefighter position with Langford Fire Rescue. We consider ourselves to be a very strong and proud composite fire department made up of over 50 volunteer firefighters and 11 career staff. Our business is providing fire and rescue services to the Langford community. On average, we respond to over 1,500 incidents per year. This service includes responding to fires, medical emergencies, motor vehicle incidents, flooding and storm related incidents and a variety of other emergency situations. Both the residents living in the City of Langford and visitors are considered our customers and we treat them and their property with the utmost respect at all times. Conducting ourselves in a positive, courteous and polite manner is an engrained part of what we do and who we are as a department. We are a progressive, equal opportunity organization that is committed to excellence in the service we provide. To maintain our high degree of professionalism we have very high expectations for personal conduct and commitment to our organization and its vision, mission and values. It takes a considerable amount of dedication to training, emergency calls and public events to by an effective part of our organization.

The benefits of being a member of our team are many. Developing firefighters is only part of what we do; we also focus on developing well-rounded people and provide a foundation to allow them to succeed in all aspects of life. We reward our firefighters with personal development, fitness, health and wellness training and recreational opportunities. We also host events throughout the year to formally recognize the contributions of our firefighters. We have many family events including a kids Christmas party and Summer BBQ. We believe in putting family first and consider all family members to be an integral part of the group.

Prior to filling out the application form, we ask that you take a moment to consider if you have the necessary time available to commit. During your first year you can expect to spend approximately 150 hours on training alone. Once you meet our minimum level of training to become operational, you will then be expected to participate in a minimum of three 12-hour stipend shifts (night or weekend) per month. When at home and/or available, you are expected to attend emergencies when your pager is activated. Emergency calls can often occur during dinner time or in the middle of the night.

We encourage you to discuss your application with your family or partner at length to ensure they support you in your efforts. If you reside in the City of Langford and collectively decide this is something you are interested in adding to your life, we look forward to accepting your application.

Thank you again for taking the time to investigate this opportunity to serve your community.

Sincerely,

A handwritten signature in black ink, appearing to read "Chris Aubrey", with a long horizontal flourish extending to the right.

Chris Aubrey  
Fire Chief



**City of Langford**

[www.cityoflangford.ca](http://www.cityoflangford.ca)

## **Langford Fire Rescue Recruiting 2019**

Jan 12 <sup>th</sup>	Saturday Location: Station #1 2625 Peatt Road	Recruit Information Session <ul style="list-style-type: none"><li>• Attendance Mandatory</li><li>• Spouse's Welcome and Encouraged</li><li>• Meet firefighters</li><li>• Try fitness Components</li><li>• Ask Questions</li><li>• Hand in accompanying documents for Application</li></ul>	10:00 – 12:00
Jan 26 <sup>th</sup>	Saturday	Assessment Center & Fitness Testing	08:30-16:00
Jan 28 <sup>th</sup> – 30 <sup>th</sup>	Monday to Wednesday	Successful applicants notified by phone	
Feb 2 <sup>nd</sup>	Saturday	Panel Interviews – 35 minutes each	Time TBA
Feb 4 <sup>th</sup> – 6 <sup>th</sup>	Monday to Wednesday	Successful applicants notified by phone	

Langford Fire Rescue  
Recruit Training 2019

Exam #	Chapter	Subjects	Date
1	1, 2, 4	Orientation & History, FF Safety, Communications	Feb 9 <sup>th</sup> , 23 <sup>rd</sup>
2	3, 11	PPE & SCBA, Response & Size up	Mar 9 <sup>th</sup> , 23 <sup>rd</sup> Apr 6 <sup>th</sup>
Course		Emergency Scene Traffic Control	<b>April 27<sup>th</sup></b>
Course (6)		Incident Command System 100	<b>April 27<sup>th</sup></b>
5	6, 7	Fire Behaviour, Building Construction	May 11 <sup>th</sup> , 25 <sup>th</sup>
3	16, 17	Water Supply, Fire Attack Lines & Foam	June 8 <sup>th</sup> , 22 <sup>nd</sup>
7	15, 22, 23	Ventilation, Wildland & Ground Fires, Fire Suppression	July & Aug Integration Shifts
<b>Exterior Operations Qualified</b>			

Exam #	Chapter	Subjects	Date
4	10, 13	Ropes & Knots, Ground Ladders	July & Aug Integration Shifts
11	25, 26	Vehicle Rescue & Extrication, Assisting Special Rescue Teams	Sept 7 <sup>th</sup> , 21 <sup>st</sup>
8	14, 18	Search & Rescue, FF Survival	Oct 5 <sup>th</sup> , 19 <sup>th</sup>
Course		Live Fire 1	<b>Oct 26<sup>th</sup> (Tentative)</b>
Course		First Responder Level 3, CPR, AED, Spinal	<b>Nov 2<sup>nd</sup>, 3<sup>rd</sup>, 16<sup>th</sup>, 17<sup>th</sup></b>
Course		Hazardous Materials Awareness Level	<b>December 1<sup>st</sup></b>
<b>Interior Operations Qualified</b>			

Exam #	Chapter	Subject	Date: 2020
9	9, 12	FF Tools & Equipment, Forcible Entry	TBA
10	19, 29	Salvage & Overhaul, Fire Cause Determination	
12	24, 27	Pre- Incident Planning, Fire Prevention & Public Education	
13	8, 28	Portable Fire Extinguishers, Fire Detection & Suppression Systems	
Course		Live Fire 2	
Course		Hazardous Materials Operations Level	
<b>Full Service Operations Qualified</b>			



## Langford Fire Rescue Department Physical Agility Test

### **Event 1- Stair Climb with High Rise Pack**

Physical Agility Test begins with the stair climb. The high-rise pack can be set up any way the candidate would like at the start line. Time begins once candidate touches the high-rise pack. Candidate while carrying a high-rise pack (2 50 foot sections of 1 ¼ hose- weighing 50lbs) ascend to the top deck of the three-story tower, while ascending candidates may skip steps, once at the top they will ring the bell then descend until both feet touch the concrete on the ground, while descending candidates must touch each step and then ascend again to the top deck of the tower. Upon arriving at the top deck on the second ascend; the hose must be placed in the designated area on the third-floor landing leaning against the concrete wall. (Candidate will ascend the tower twice)

Advance to the next event.

There will be a 2 second penalty added to the time for each step missed on the descend

There will be a 5 second penalty added to the time if the high rise pack is not placed in the designated spot.

### **Event 2- Hose Hoist**

From the deck on the tower, in a controlled motion, pull a 5/8-inch rope to hoist a donut roll of LDH hose (45 pounds). This task is complete when the donut rolls clears the top railing and is placed on the deck. The candidate will then pick up the high rise pack and descend the stairs, at the bottom they will place the pack at the start line.

Advance to the next event.

If the donut roll falls to the ground the candidate will be disqualified.

### **Event 3- Forcible Entry**

Using an 8-pound shot mallet in a chopping motion, strike a 140-pound weight a distance of 5 feet. The event is complete when the end hits the cross bar and the mallet is placed on the designated mark.

Advance to the next event.

There will be a 5 second penalty added to the time if mallet is not placed in the designated spot.

Candidate will be disqualified if control of the mallet is not maintained

#### **Event 4-Extension Ladder Raise**

The candidate will raise a 24-foot extension ladder in a controlled manner until it hits the stop and then lowers it back to the starting position. Advance to the next event.  
Advance to the next event.

**Immediate failure will result if control is not maintained, or if the rope halyard slips in an uncontrolled manner.**

#### **Event 5-Hose Drag**

Pick up the nozzle and move a 150-foot section of 1 ¼ uncharged hose straight forward for 75 feet to a mark, make a 90 degree turn and continue an additional 25 feet. After stopping within the marked box, the candidate drops to at least one knee and pulls the hose line until the coupling 50-foot mark crosses the finish line.  
Advance to the next event.

**5 second penalty if at least one knee is not on the ground at all times.**

#### **Event 6- Equipment Carry**

This event uses two tools of similar size/weight (25lb) and a table replicating a storage cabinet on a fire truck. The candidate must remove the two tools from the table, one at a time and place them on the ground. Then he/she picks up both tools (one in each hand) and carries them while walking 75 feet around a corner, then back to the starting point. *Placing the tools on the ground to adjust a grip is permitted.* Upon return to the table, the tools are placed back on the shelf (you can either place on the ground, then picked up one at a time and replace them on to the table, or you can place each tool on the shelf at the same time without putting the tools on the ground.)  
Advance to the next event.

**Dropping either tool on the ground during the carry will result in immediate failure. A warning will be given for running; a second warning constitutes failure.**

#### **Event 7- Victim Rescue**

Drag a 165-pound victim a distance of 35 feet, make a 180 degree turn around a marker, and continue and additional 35 feet to the finish line. Victim can be dragged with a rescue strap (strap will be attached before candidate begins the test), or the built in coat rescue strap or can be pick up and dragged. The event (and the course) is completed when both the victim and the candidate completely clear the finish line.

**Candidate will be disqualified if unable to drag victim to the finish line.**

**Scoring Method: 8 Minutes maximum time allowed for completing the evolution**



City of Langford

[www.cityoflangford.ca](http://www.cityoflangford.ca)

### Fitness Waiver and Release

This waiver and release form is to be signed by the firefighter candidate and his / her doctor. The signed waiver and release form must be in the possession of the firefighter candidate prior to commencing the physical agility test.

I, Firefighter candidate \_\_\_\_\_ hereby release and forever discharge the Langford Fire Rescue Department, their members, employees, agents and assigns from any and all actions, causes of actions, claims and demands for damages, loss or injury as a result of the physical agility testing.

\_\_\_\_\_  
Firefighter Candidate's Signature and Date

I, Dr. \_\_\_\_\_ give my consent for the above signed firefighter candidate to take part in the physical agility test based on the requirements that are outlined in the attached Langford Fire Rescue Department's physical agility test document.

\_\_\_\_\_  
Doctor's Signature and Date